

# **SOCIAL DREAMING - BELGRADE**

An exploration and Training workshop

## **"DREAMS IN SEARCH OF A DREAMER"**

**12-14 April 2013.**

conveners

**Angela Eden and Marina Mojović**

Organized by

**Group Analytic Society Belgrade**

Section for Applying Psychoanalytic and Group-Analytic  
Approach to Understanding the Psychodynamics of Institutions,  
Organizations and Society

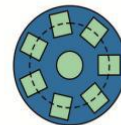
with

**Consulting-Art Belgrade**

Society for consulting and education

**Psycho-Social-Art Belgrade**

**Eden Evolution London**



The aim of the workshop is to learn about social dreaming. It is as a method of experiencing and exploring the ideas and practice together. The three days will include various methods: from introduction and theory, social dreaming matrices, dialogue and reflections groups, social dreaming role analysis' and a training group.

Social Dreaming was discovered by Gordon Lawrence at the Tavistock Institute in London 1982 and continues to develop widely in many countries, in companies, organisations, institutions and conferences. Social dreaming can identify and help to understand underlying (unconscious) problems and their dynamics in a search for new perspectives and solutions.

“Social dreaming is a method whereby people come together and share their dreams. It is based on the well-tried assumption that all dreamers are thinkers. The focus is on the dream and not the dreamer. In sharing the dreams, the participants associate to and amplify them in order to find the implicate meanings. As opposed to conventional methods, the container for dreaming is changed in social dreaming. The container is the matrix, which is composed of a set of people who meet to work on the dreams made available to the matrix. Consequently, the contents of the dream alter. The advantage of this method is that there are more people to search for and give meaning to the dream.”

[Lawrence, W.G. (1998) Social Dreaming @ Work. Karnac Books]

Social Dreaming Matrix is a serious, but enjoyable endeavor of transformative thinking together on current affairs, discovering truth by abandoning the attempt to find it, for illuminating the life of societies, cultures, organizations and communities. It has a potential of making manifest the hidden knowledge that is present in systems - the 'unthought known' (Bollas, 1987), revealing issues that are in-a-way known, but have previously not been able to be thought about.

Dream-telling in the matrix inevitably initiates conversations: one dream leading to another, creating associations, enabling participants to rescue dreams from the infinite, recognizing them as a source of creativity available for their daily life. In Social Dreaming Matrix the focus is on dreaming not the dreamer. In Social Dialogue and Reflection Groups the focus is on thinking about the dreams and disentangling the relationships between what we dream and what we can think about for daily a world.

In this workshop we offer to come together for a weekend both new and experienced dreamers.

**Workshop activities:**

- A introduction and some Theory about the Social dreaming
- 4 Social Dreaming sessions
- 4 Social Dialogue and Reflection groups
- Role Analysis based on Social Dreaming
- A training in group for 6 people who have experience of the Social Dreaming Matrix , and wish to learn about the principles of being a host in a matrix.

**Workshop programme:**

Workshop will be held from Friday, april 12<sup>th</sup> to Sunday, April 14<sup>th</sup>:

**Friday, April 12<sup>th</sup> – 15:30 - 19:00**

**Saturday, April 13<sup>th</sup> – 09:00 - 19:00**

**Sunday, April 14<sup>th</sup> – 09:00 - 13:34**

Certificates of attendance shall be prepared.

**Conveners of the Workshop:  
Angela Eden and Marina Mojović**



**Angela Eden** started her career in theatre education, moved into community development and finally works as an organization consultant. She trained in Social Policy, Organizational Consulting, and as a mediator at the school of Psychotherapy and Counseling. At the Tavistock Centre, London she was a visiting practice supervisor on Group Dynamics and the Professional Consultancy Doctorate Program. She researches and writes about organizations, power, and exclusion. Her personal and internal world is formed by dreams, poetry and painting. All this comes together in Social Dreaming and for over 20 years she has participated and hosted Social Dreaming Matrices. She was the director of the training on the previous board of Social Dreaming Ltd and developed training programmes to understand the principles and practice of 'hosting' SD matrices. This work is published in 'The Creativity of Social Dreaming' edited by W.Gordon Lawrence, Karnac:2010.



**Marina Mojović**, MA, MD, psychiatrist, psychoanalytic psychotherapist, training group analyst, organizational consultant, member of GAS International, ISPSO, OPUS, IAGP. In Group Analytic Society-Belgrade she is a training group analyst and the founder of its Section and Training in 'Psychoanalytic and Group Analytic Approach to Understanding Institutions, Organizations and Society', in which she included the method of social dreaming as regular part of the program. She participated in many social dreaming matrices hosted by Gordon Lawrence, and colleagues, and she hosted a number of social dreaming matrices at conferences and workshops in Serbia and internationally, included the method as part of the Serbian 'Reflective Citizens' Project, which she founded, and uses it as part of her work with organizations.

## Preliminary Programme:

DAY 1	TIME	GROUP
<b>Friday 12th</b>	15:00 – 15:45	Training Group 1
	15:30 – 16:00	Registration and Coffee
<b>Beginning</b>	16 :00 – 16:45	Welcome and introductions
	16 :45 – 17:45	Social Dreaming Matrix 1
	17:45 – 18:00	Coffee break
	18:00 – 18:45	Social Dreaming Reflections and dialogue group 1
	18:45 – 19:00	Questions and Plans for the next day
	19:15 – 20:15	Training group 2

DAY 2	TIME	GROUP
<b>Saturday 13th</b>	9:00 – 9:30	Training Group 3
	9:30 – 10:30	Social Dreaming Matrix 2
	10:30 – 11:30	Social Dreaming reflections and Dialogue group (in small sets and in plenary)
	11:30 – 11:45	Coffee
	11:45 – 12:30	Theory and Introduction to Role Analysis
	12:30 –13:30	Lunch
	13:30 – 14:30	Role analysis 1
	14:30 – 15:30	Role analysis 2
	15:30 – 16:15	Plenary discussion about Role Analysis
	16:15 – 16:30	coffee
	16:30 – 17:30	Social Dreaming Matrix 3
	17:30 – 18:30	Social Dreaming reflections and Dialogue group 3
	18:45 – 19:00	Questions and Plans for the next day
	19:00 – 19:15	break
	19:00 – 20:00	Training Group 4

DAY 3	TIME	GROUP
<b>Sunday 14th</b>	9:00 – 9:30	TG 5 learning aims for the day
	9:30 – 10:45	Social Dreaming Matrix 4
	10:45 – 11:45	Social Dreaming reflections and Dialogue group 4 (in small sets and in plenary)
	11:45 – 12:00	Break
	12:00 – 13:00	Theory and applications
	13:00 – 13:30	Review and evaluation
	13:30 – 13:45	Closing of the workshop
	14:00 – 15:00	Training Group 5

**Registration Fees:**

	<b>Before February 15<sup>th</sup></b>	<b>Before March 15<sup>th</sup></b>	<b>After March 15<sup>th</sup></b>
Trainees in the GAS Belgrade- Section (Courses 1 i 2)	150 euro	180 euro	220 euro
Trainees and members of GAS Belgrade	180 euro	210 euro	260 euro
Members of GASi, ISPSO, PCCA, OPUS, IAGP	220 euro	250 euro	300 euro
Others	250 euro	300 euro	350 euro
Training group	250 euro	280 euro	330 euro

Refreshment, coffee and lunch for Saturday included

**Venue:** Consulting-Art d.o.o. Belgrade, Banovo Brdo, 115 Petra Lekovića Street

**All questions** regarding registration, fees and payment, accommodation, should be directed to

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## Images of the Venue and the Town

**Note:** In order to follow links or click on pictures on this page, you should press and hold CTRL button on your keyboard and then click on the link or picture.

### Flickr (picture galleries):

**Venue photos:** <http://www.flickr.com/photos/belgrade-conference-june-2013/sets/72157633097384770/show/>



(Venue is near the Sports Center, Olympic swimming pool on 100m distance, Ada lake and greatest Belgrade forest.)

**Belgrade photos:** <http://www.flickr.com/photos/belgrade-conference-june-2013/sets/72157633097842508/show/>



### YouTube (video records of Belgrade):

1. Belgrade with Boris Malagurski: <http://youtu.be/Q1WcCPI5k3U>
2. Belgrade from the air: <http://youtu.be/Jsl8ipz8aew>
3. Meet Belgrade: <http://www.youtube.com/watch?v=-6aBfmEN7ZY>